

PROMOTION REQUEST

Officer Rank: _____
Achievement No. _____

1. Name (last, first)

2. CAP ID:

3. Date:

PROMOTION REQUIREMENTS

Task:	Results	Date Completed	Staff Approval
Fitness	HFZ: ____ (yes or no) Age: ____ Miles Run Time: ____ Curl-ups: ____ Push-ups: ____ Sit and Reach: ____		
Leadership	Learn to Lead Chapter: ____ Score: ____		
Aerospace Education	Module: ____ Score: ____		
Character Dev.	Class Attendance (Offered 1 st Tues)		
SDA: (Technical Doc)	Score: ____ Option Chosen: Resume, background paper, advocacy paper, operations plan, budget, media package, after action review or personal leadership plan.		
SDA Presentation	Score: ____		
Cadet Oath	Successfully Recite from Memory		
Attendance	# missed since last promotion: Meetings: ____ Activities: ____ 75% required attendance rate		

REVIEW

Approved?	Cadet Commander	Signature and Date
Approved?	Deputy Commander for Cadets	Signature and Date
Approved?	Squadron Commander	Signature and Date